End of Life Impact

THINKING ABOUT YOUR EXPERIENCE, PLEASE TICK (✓) ONE BOX FOR EACH GROUP WHICH BEST DESCRIBES YOUR SITUATION

1.	Comr	nunication with those providing care services	(e.g.	doctors,	nurses	and
са	rers).	This includes things like:				

- being able to get information about the person's health and care;
- having been able to have a say in the care that the person receives;
- being able to ask questions, have them answered and have views respected;
- being at ease with those providing care.

A. I have been able to have good communication <u>all</u> of the time	5
B. I have been able to have good communication <u>most</u> of the time	4
C. I have been able to have good communication some of the time	3
D. I have been able to have good communication <u>a little</u> of the time	2
E. I have been able to have good communication <u>none</u> of the time	1

2. Privacy and Space. This includes things like:

- having been able to have time with the person in private (e.g. a private room in hospital);
- having been able to be in a peaceful location with pleasant facilities;
- having been able to be with the dying person at the end of their life.

A. I have been able to have privacy and space <u>all</u> of the time	5
B. I have been able to have privacy and space most of the time	4
C. I have been able to have privacy and space some of the time	3
D. I have been able to have privacy and space a <u>little</u> of the time	. 2
E. I have been able to have privacy and space <u>none</u> of the time	1

3. <u>Practical Support</u>. This includes things like:

- having been able to get practical support and help with the care of the person, such as nursing help, help from social services or help from family;
- being able to get practical support from employers such as time off when needed;
- being able to get practical support with bereavement processes and dealing with the person's affairs.

A. I have been <u>fully able</u> to get practical support	5
B. I have been mostly able to get practical support	4
C. I have been somewhat able to get practical support	3
D. I have been mostly unable to get practical support	2
E. I have been completely unable to get practical support	1

 being able to get emotional support through family, friends or colleagues; being able to get emotional support through other services including charities and religion if applicable. 	
A. I have been <u>fully able</u> to get emotional support	5 4 3 2 1
5. Preparing and Coping. This includes things like:	
 being prepared for the person's death; having the person's post-bereavement affairs and funeral arrangements in order; being free from guilt and regrets. 	
A. I have been <u>fully able</u> to prepare for and cope with, the person's death	5 4 3 2 1
 Emotional Distress to you, related to the condition of the person. This include hings like being free from emotional distress resulting from: seeing the person in pain and discomfort; seeing the loss of dignity, or a lack of respect given to the person; seeing a lack of care and attention given to the person. 	
A. I have been <u>fully able</u> to be free from emotional distress	5

4. Emotional Support. This includes things like:

Thank you for your help with this research

C. I have been <u>somewhat able</u> to be free from emotional distress....... D. I have been <u>mostly unable</u> to be free from emotional distress........ E. I have been <u>completely unable</u> to be free from emotional distress...